

“We won’t send you home to wait and worry.”

KEMH is the only location that performs stereo-tactic breast biopsies. This means that KEMH has the only full service mammography unit on the island, from routine mammogram to needle biopsy of a suspicious area of the breast. And with new digital mammography equipment coming, KEMH’s service will be truly world class.



Many feel anxious about mammograms and the three full-time and two part-time mammographers at KEMH are committed to lessening the stress of the examination. For the very few who learn that further investigation is required, the vast majority of those additional investigative mammograms are found to be clear.

“My personal goal is to have any extra views taken during the same appointment, so the person does not have to come back at a later date and have to worry about what might be there in the meantime,” says Terricca Glasford, head of mammography at KEMH (above right). *“If the radiologist looks at extra views and would still like further investigation, we refer the person to their family doctor and book a biopsy using the island’s only digital stereo-tactic technology. Nobody likes to wait for days or weeks for results...we try our utmost to resolve everything as quickly as possible.”*

Appointments are for 30 minutes to allow clients to relax and to update BHB’s mammographers with any new health information. While some mammography centres book appointments every 15 minutes, this extra time can also allow any additional x-rays to be taken during the same appointment. *“Nicole, Terri, Tracy, Joylin and I like to take our time so that people feel comfortable, not rushed. And we’re open from 8:30 am to 4:00 pm. It is very important to have regular mammograms so we’ll do our utmost to get you in,”* noted Ms Glasford.

“BHB’s mammography unit has been accredited by the American College of Radiology since 1998,” says Renee Butterfield, Manager of Diagnostic Imaging at BHB. *“And with our new routine digital mammography machine coming on stream soon, we’re applying to be re-accredited early, rather than when the accreditation expires next year. We’re all excited about this development and the ability to provide a one-stop inclusive digital mammography service to the island.”*



NEW Mammography Equipment Means Diagnostic Imaging will be TOTALLY DIGITAL

This summer, BHB’s mammography department will introduce a digital mammography machine for routine screenings. This means faster results and records that can easily be stored and sent electronically to a health care provider.

Once this machine is introduced, imaging will be entirely digital. This means all x-rays, CT scans, MRIs, ultrasounds, nuclear medicine studies and bone density studies will use digital technology.

Dr Daniel Stovell, Chief of Diagnostic Imaging says, *“With the arrival of our new digital mammography machine for routine screening, BHB will meet international leading practice for diagnostic imaging. But what is really important is that digital imaging is faster for patients, who no longer have to wait around while films are developed and checked to see if extra images are required. This means we are providing better service to our patients, results are available much faster, and high quality images can be sent electronically via secure servers to health care providers within BHB, in the community and abroad.”*

Take a Fresh look at KEMH



The main building, Continuing Care Unit, Central Utility Plant and visitor’s parking lot walls at KEMH have all received a fresh coat of paint, and the bio-oxidiser stack has been steam cleaned. There are two areas that remain unpainted. One is the Queen Elizabeth II Nurses’ Residence, because it will be renovated in the coming months. The other is the side and back of the “old hospital”/Ministry of Health building, because it will be demolished at the end of the year to make way for the new hospital building on Point Finger Road.



SIGNS of change

New signs now make it easier for patients and visitors to find their way around KEMH. Special care was taken to place the signs, many of which feature universal healthcare symbols, so that they are easy to see.



MEET YOUR KEMH HOSPITALISTS: Dr David McGowan

“I’ve known since I was in third form—since I was about 13—that I wanted to study medicine. Internal medicine interested me the most, especially infectious diseases, diabetes and cardiovascular disease prevention,” says Dr David McGowan.

In July 2009, Dr McGowan joined BHB’s team of medical and surgical hospitalists. His dedication to medicine led him to leave Guyana to study at the University of the West Indies in Jamaica. After extensive training in treating the diseases and conditions which lead to admission for hospital care, he became a medical hospitalist.

Medical hospitalists treat those who require a stay at KEMH but can be cared for without surgery. “My colleagues and I treat every major organ system that does not require surgery,” says Dr McGowan. This includes heart disease, stroke, diabetes, kidney disease, and tuberculosis, among others.

Led by the Director of Hospitalist Service, Dr Arlene Basden, Dr McGowan and his colleagues treat patients with serious medical conditions, often first meeting patients in the emergency room, and following their treatment daily while they are admitted to KEMH until they are discharged.

MOST COMMON MEN’S CANCER *Leads to New Clinic*

Prostate cancer is the most commonly diagnosed cancer among Bermuda’s men. Now, men and women with genito-urinary cancers can consult a renowned expert here in Bermuda. Dr Mary Ellen Taplin can orchestrate care both here and abroad.

Recent data from BHB’s new tumour registry confirmed what has long been suspected—that prostate cancer is the most common cancer diagnosed in Bermuda’s men. The creation of a genito-urinary clinic in Bermuda became a top priority for BHB’s Chief of Staff. Through Partners International, BHB has collaborated with world-renowned cancer centre Dana-Farber in Boston to provide BHB patients with care directed by a top specialist right here at home.

Dr Taplin, a Medical Oncologist at Dana-Farber, will visit the island at six to eight-week intervals to offer advanced and innovative care for men with cancers of the prostate, testes, bladder and kidney. Dr Taplin will also provide consultations for women with bladder and kidney cancer. In addition to prescribing chemotherapy and/or radiation, Dr Taplin also puts her patients in touch with top surgeons. Patients who already have a relationship with a doctor or hospital in the US will not need to change their affiliation.

Dr Donald Thomas, BHB’s Chief of Staff, says, *“This is a major step forward in providing treatment for genitor-urinary cancer patients on the island. This specialist clinic offers patients the comfort of travelling just miles to see a top doctor...no passport required. And if treatment abroad is required, Dr Taplin provides continuity of care for Bermuda’s patients before and after overseas treatment.”*



Dr Taplin received her MD in 1986. In addition to her work with Dana-Farber, she is an Associate professor of Medicine at Harvard Medical School. The clinic is held in BHB’s Centre for Cancer Care off Point Finger Road. Talk to your family doctor about the warning signs of genito-urinary cancer; if there is cause for concern, he or she can arrange a referral if necessary.

THE NEED FOR BLOOD *never* TAKES A HOLIDAY



Please give blood this summer. Only 3% of people in Bermuda donate blood compared to about 6% in other developed countries. Many of our regular donors go on holiday in the summer, so your support is especially important. Dr Betsie Lombard, Director of Blood Transfusion Services says, *“The donation process only takes about half an hour, blood is drawn by an expert team, and there is dedicated parking just for blood donors in our visitor’s lot as we recognise that many take time out of their busy work lives to come to the clinic on the first floor of KEMH.”*



NEW gym for Turning Point

A new gym has been opened at Turning Point as part of the Substance Abuse Directorate’s wellness programme for recovering addicts. The gym, located at Mid-Atlantic Wellness Institute, includes a memorial plaque for the late Caron Assan, who worked as Director of the Department for National Drug Control. The DNDC provided funds for the gym.

PUMP IT UP:

30 June, 7 pm - 10 pm

Come out and participate in Pump It Up!

the second annual high heels fundraiser for the Bermuda Hospitals Charitable Trust and the Bermuda Red Cross. You can run in the high heels race, walk in the parade of shoes or donate to see some of Bermuda’s most distinguished gentlemen walking in high heels for charity, including BHB’s Chief of Staff Dr Donald Thomas and Chief Business Development Officer, Scott Pearman. It’s all happening on Front Street this Wednesday, 30 June, during Harbour Nights. To sign up or donate, visit www.bhct.bm.



Bermuda Hospitals Board